

## Substance Abuse

What is a drug?

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What are the 3 categories of drugs, what do they do, and what are some examples?

Depressant		
Stimulant		
Hallucinogen		

What might be some reasons that people might use drugs? Brainstorm a list below:

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What are some things that might indicate harmful use?

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What are some strategies that someone could use to refuse substances or sexual activity if they're feeling pressured?

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